

## **ROFEL SHRI G.M. BILAKHIA COLLEGE OF PHARMACY, VAPI**

ROFEL NAMDHA CAMPUS, Vapi-Namdha Road, Vapi (West) - 396191, Dist.- Valsad (Gujarat)

### **7.1.1 Measures initiated by the Institution for the promotion of gender equity during the last five years**

<b>Academic Year</b>	<b>Activity</b>
2020-21	International Women's Day Celebration: Talk on Youth and Gender Equality
2018-19	International Women's Day Celebration
2017-18	International Women's Day Celebration
2016-17	SELF DEFENCE- ONE WEEK PROGRAM



Estd. In 1999

# ROFEL SHRI G.M. BILAKHIA COLLEGE OF PHARMACY

APPROVED BY PHARMACY COUNCIL OF INDIA (PCI) AND AFFILIATED TO GUJARAT TECHNOLOGICAL UNIVERSITY, AHMEDABAD

Managed by Rotary Foundation for Education and Learning (ROFEL) Trust

ROFEL NAMDHA CAMPUS, Vapi-Namdha Road, P.B. No. 11, Vapi (West) - 396191, Dist.- Valsad (Gujarat)

Tel: 9727723722 | 42 | 62; Email: rofelpharm@gmail.com; website: www.rofelpharma.org

## **Report on International Women's Day Celebration held on 8<sup>th</sup> March 2020-21**

International Women's Day, is celebrated each year on 8<sup>th</sup> March, honoring the social, economic, cultural and political achievements of women around the globe. We at ROFEL Shri G. M. Bilakhia College of Pharmacy, Vapi celebrated International Women's Day (IWD) on 8<sup>th</sup> March 2021. The theme of this year IWD celebration was "Choose to Challenge". "Its all about not doing what everyone else is doing but to make your own presence count"- This quote of Anjum Chopra, Cricket Commentator inspires us (All Women) to choose challenges of the world and make our presence count. Online platform was chosen for the celebration considering the safety of all. Our celebration was boosted with the presence of Dr. Rachana Upadhyay, MD Homeopath, MD Clinical Cosmetology, Vapi and Ms. Jasmin Panchal, District Child Protection Officer, Valsad.

Dr. Upadhyay delivered a talk on "Nutritional Well Being for Women", in which she mentioned various dietary tricks for women to compensate some nutritional deficiencies. The talk was highly detailed and informative for all.

Ms. Panchal talked about Youth and gender equality. Her conversation with girls (students) was very encouraging. Besides the talk, we had a competition with the theme "Women who chose to challenge". Students participated in the competition with utmost zeal. Students had beautifully written the essay mentioning different ladies who chose to challenge the world. Below are some glimpses of the celebration.



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Harshida Patel is presenting

ROFEL SHRI G. M. BILAKHIA COLLEGE OF PHARMACY, VAPI Celebrates International Women's Day

Event Highlights

- A guest talk at 13:00 h by Dr. Rachana Upadhyaya, MD Homeopath, MD Clinical Cosmetology, Vapi on "Women's Nutritional Well Being".
- A guest talk at 13:30 h by Ms. Jasmin Panchal, District Child Protection Officer, Valsad on "Youth Dialogue".
- Essay writing competition on topic "Women who choose challenge".
- <https://us04web.zoom.us/j/75582729108?pwd=bTlPNmdpR1p1QUQ5ZFExNmRkZWp1UT09>

2021 Theme #ChooseToChallenge

Niyati Patel has left the meeting

Meeting details

Harshida Patel is presenting

13:11 08-03-2021

Participants: aayushi patel and 55 more, Jasmin Panchal, Harshida Patel, Urvi Joshi, SHREYA NAIK, Pratiksha Rajesh..., zii patel, Krishna Patel, pratiksha patel, parmar vishva.



Estd. In 1999

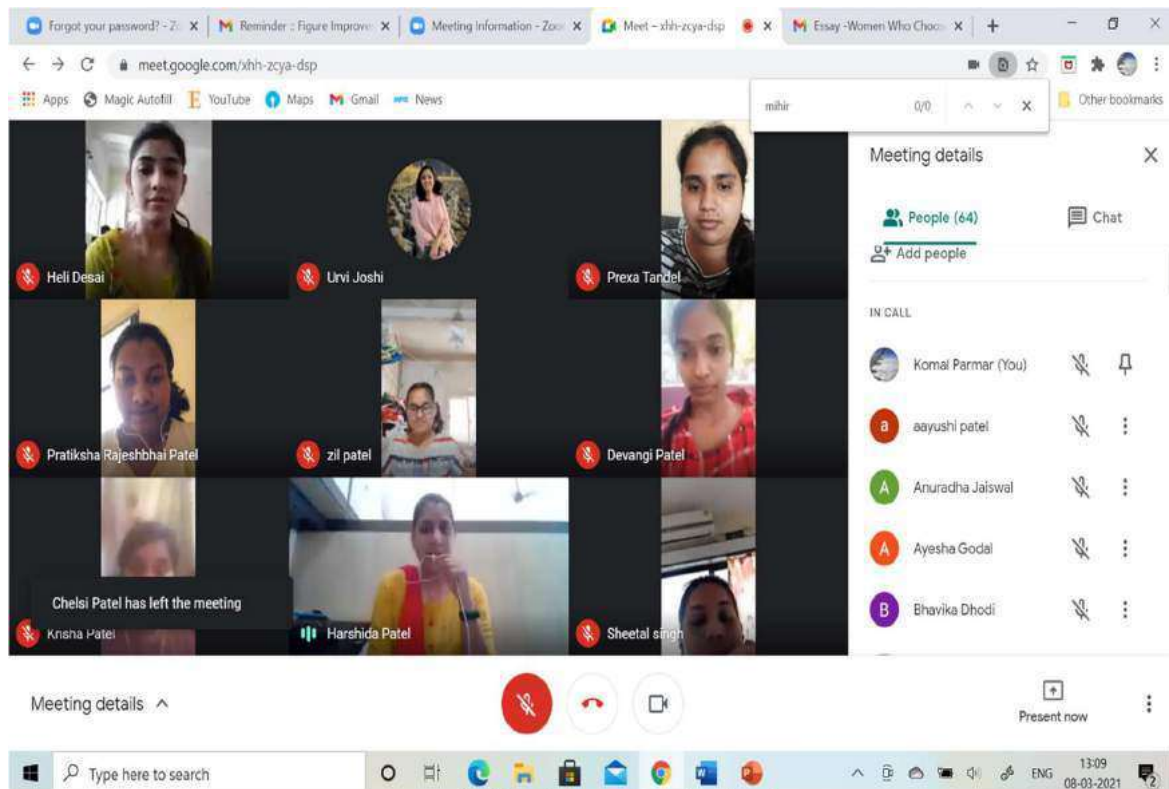
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## International Women's day Celebration held on 8<sup>th</sup> March, 2019





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## **CELEBRATION OF INTERNATIONAL WOMEN'S DAY 2018**

International Women's Day is celebrated each year on March 8. It is a day honouring the social, economic, cultural and political achievements of women around the world.

"If you want to achieve something in life, you have to take risks." With this quote of Dipa Karmakar, Olympic Gymnast

The "Women Development & Empowerment Cell" of ROFEL Shri G. M. Bilakhia College of Pharmacy, Vapi celebrated International Women's Day on 8<sup>th</sup> March, 2018. The theme of this year Women's day celebration was "Press for Progress". As quoted by Ms. Dipa Karmakar, to achieve progress women has to press herself and take calculated risks in life. Doing nothing won't give you fruits. Our celebration was doubled with the presence of Ms. Sonal Rajput, a lawyer by profession, practising law since 14 years in Mumbai and Gujarat. She has done her B. Com from ROFEL Arts and Commerce College, Vapi and LLB from K.L.M Law College, Valsad. She delivered a very informative speech on Gender equality. She also provided some useful information about governmental schemes and laws prevailing for women. She also narrated how Indian government is improvising gender equality with amendments in different procedures. Overall the talk was very informative for our students.





## **SELF DEFENCE- ONE WEEK PROGRAM**

Self-defence, especially for women, is of utmost importance in the kind of the world we live in today. On account of countless issues of eve-teasing, importance of learning self defence skills for women is felt. Today girl is ahead in all field, and moving far ahead in education. We, ROFEL PHARMACY PARIVAR, serving into educational arena have girls as students in maxima. Thus, a self defence week was celebrated between 5<sup>th</sup> and 11<sup>th</sup> of December, 2016 with an aim of making our girls learn self defence techniques under the guidance of Mr. Hardik Joshi, Person in Chief, RAIU DO ISSNINRYU KARATE, Vapi. Training of different skills of self defence was given to our students. Along with karate training, exercise and yoga session was also executed. Students were also given certificates on completion of training.

